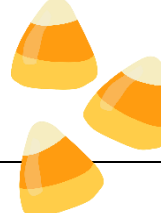


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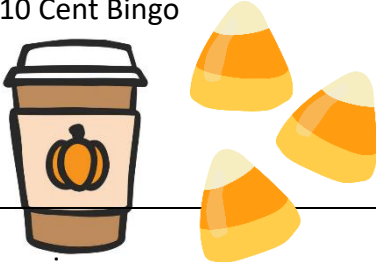
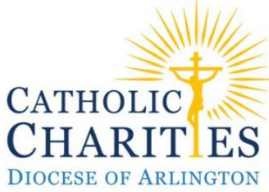
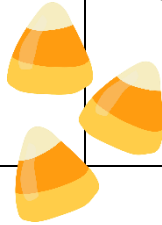
This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

Monday	Tuesday	Wednesday	Thursday	Friday
October is World Blindness Month, National Learning and Development Month, Positive Attitude Month, National Go on a Field Trip Month, National Book Month, and Long-Term Care Planning Month ** Activities are subject to change depending on instructor availability*** Check calendar for new games and activities for the month. Is there a game or activity you would like to add and play? Please let Maria know!! Any voluntary donation is greatly appreciated to help ensure that the center can continue to provide multiple services and activities.			1 <i>Last Day to sign up for Cox Farm</i> 9:30 Exercise 9:45 Fall Trivia 10:00-11:30 Pool/Billiards 10:30 Taboo Card Game 11:00 Sewing Room 12:45 1960s Trivia 	2 9:30 Intergenerational Activities with Gonzaga 10:00 Spanish with Maria Teresa 10:30 Bingocize with Blanca 10:00-11:30 Pool/Billiards 11:00 Phase 10 12:45 Prize Bingo 
5 National Get Funky Day 9:30 Exercise 9:55 Shopping Trip to Landmark Plaza 10:30 Apples to Apples 11:00 Brain Teasers 12:45 10 Cent Bingo 	6 9:30 Exercise 10:00 ESL with Thea 10:00-11:30 Pool/Billiards 11:00 Beginners Spanish Class 10:45 SAIL at PHRC 11:00 I Spy - Game 12:45 Senior Treasure Corner 	7 Center Closed Field Trip to Cox Farms 	8 <i>Last Day to sign up for Dolly Parton Day</i> 9:30 Exercise 10:00-11:30 Pool/Billiards 10:30 Crafty Crew 10:45 SAIL at PHRC 11:00 Kahoot Trivia 12:45 Bread Raffle 1:10 Garden Raffle 	9 9:30 Exercise 10:00 Spanish with Maria Teresa 10:00-11:30 Pool/Billiards 10:30 Bingocize with Blanca 10:00 – 10:45 Ukulele Class 11:00 Jeopardy 12:45 Prize Bingo 
12 Center Closed Columbus & Indigenous Peoples' Day   	13 National Train Your Brain Day 9:30 Exercise 10:00 ESL with Thea 11:00 Beginners Spanish Class 10:45 SAIL at PHRC 11:00 Monopoly 12:45 Prize Bingo 	14 9:30 Intergenerational Activities with Bishop O'Connell 9:45 Bowling Practice 9:45 ESL with Nancy 10:00-11:30 Pool/Billiards 10:30 Bingocize with Blanca 11:00 ESL with Denise 12:45 Bread Raffle 1:10 Garden Raffle 	15 9:30 Exercise 9:45 Anagrams 10:00-11:30 Pool/Billiards 10:30 Crafty Crew 10:45 SAIL at PHRC 11:00 Infinite Craft 12:45 Knitted Raffle 1:00 Flag Trivia 	16 9:30 Exercise 10:00 Spanish with Maria Teresa 10:00-11:30 Pool/Billiards 10:00 – 10:45 Ukulele Class 10:30 Dolly Parton Tea at the Lee Center 12:45 Prize Bingo 



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Monday	Tuesday	Wednesday	Thursday	Friday
19 9:30 Exercise 9:55 Shopping Trip to Walmart 10:00 Uno Maria's Rules 11:00 Flower Language Trivia 12:45 10 Cent Bingo 	20 9:30 Exercise 10:00 ESL with Thea 10:00-11:30 Pool/Billiards 11:00 Beginners Spanish Class 10:45 SAIL at PHRC 12:45 Senior Treasure Corner 	21 Center Closed for CCDA All Staff  	22 Last Day to sign up for Masquerade Party 9:30 Belly Dancing with Marietha 10:00-11:30 Pool/Billiards 10:30 Crafty Crew 10:45 SAIL at PHRC 11:00 Family Feud 12:45 Bread Raffle 1:10 Garden Raffle 	23 9:30 Exercise 10:00 Spanish with Maria Teresa 10:00-11:30 Pool/Billiards 10:00 – 10:45 Ukulele Class 10:30 Bingocize with Blanca 11:00 Skipbo 12:45 Prize Bingo 
26 9:30 Exercise 9:55 Shopping Trip to Lidl's 10:30 State and Capital Trivia 11:00 Price is Right – Halloween Edition 12:45 10 Cent Bingo 	27 9:30 Exercise 10:00 ESL with Thea 10:00-11:30 Pool/Billiards 10:45 SAIL at PHRC 11:00 Beginners Spanish Class 12:45 Bread Raffle 1:10 Garden Raffle 	28 9:45 ESL with Nancy 10:00-11:30 Pool/Billiards 10:30 Bingocize with Blanca 11:00 Crossword Puzzle 11:00 ESL with Denise 11:30 Let's Fly to Tuscany and Venice 12:45 Birthday Party – Cake Celebration 1:00 Group Game 	29 9:30 Belly Dancing with Marietha 10:00 Sorry- Spanish 10:00-11:30 Pool/Billiards 10:30 Movie: The Haunted Mansion 10:45 SAIL at PHRC 12:45 Halloween Trivia 	30 Masquerade Party at the Lee Center Come dressed up in a costume and hopefully win a prize!  

