

PARTICIPANTS: The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

NEW PARTICIPANT REGISTRATION: A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 703-751-2766 to make an appointment.

SENIOR OPPORTUNITIES: The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

CENTER LOCATION: The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School and Rec Center. Take Seminary Road to North Jordan then turn right on Taney Avenue.

TRANSPORTATION AND MEALS: The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 9:30 AM

PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER: This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

HELPFUL INFORMATION SOURCES:

- **City of Alexandria Division of Aging and Adult Services: 703-746-5999**
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hespe
- Alexandria Senior Taxi: 703-746-5999 x1
- Arlington County Agency on Aging: 703-228-1700
- Fairfax Area Agency on Aging: 703-324-7948
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-2766**

ST. MARTIN DE PORRES SENIOR CENTER STAFF:

Juanita Balenger, Senior Center Program Director

Luis Angel, Senior Center Assistant Director

Maria Mellor, Activities and Food Service Assistant, Volunteer Coordinator

Christine Simon, Operations Assistant



ST. MARTIN DE PORRES SENIOR CENTER

ALL SENIORS WELCOME!

Welcome Back!!

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.



4650 Taney Ave. Alexandria, VA 22304

Phone: 703-751-2766

www.cdda.net/seniorservices/

CENTER OPEN: MONDAY – FRIDAY
8:45 A.M. – 1:30 P.M.

OFFICE HOURS: 8:30 A.M. – 4:30 P.M.

FIELD TRIPS

****Reminders****

Additional Closures:

Labor Day – September 7

- Bus reservations must be made at least one day in advance by 9:30 am.
- Lunch reservations must be made at least one day in advance by 9:30 am.

Happy Birthday!

September Birthdays:

- 01 – Maria Garcia
- 01 – Muluwork Mersha
- 08 – Tenaye Wondie
- 13 – Nancy Pereda
- 19 – Teo Perez
- 22 – Gelana Hirtsa
- 25 – Phyllis Thompkins
- 29 – Elaine Johnson
- 30 – Thu-Hue Tran

Our Birthday Party will be on Wednesday, September 23. Hope you are ready to dance and celebrate!!



Wednesday, September 2: University Mall Theaters presents Mrs. Doubtfire

Join us for a classic comedy movie, featuring Robin Williams and Sally Field. We will be renting a theater at the University Mall Theaters where we will be watching Mrs. Doubtfire. Tickets will be \$15, covering the cost for the private theater, movie ticket, popcorn, and drink. Family is welcome to join us at the movie theater, but they must R.S.V.P. with Maria. Lunch will be at the senior center. Seating on the bus is **limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:15am and we will be leaving the center at 9:15 am. Last day to sign up is September 1st at 11:30am. Please sign up with Maria in person while she is in her office and pay \$15 to reserve your spot and pay.**



Wednesday, September 30: Botanical Garden

Join us for a trip to the Botanical Garden in Washington D.C. to enjoy the flowers and plant life. This is a relaxing walking trip, hopefully before all the school groups start going on field trips. Lunch will be at the senior center. Seating on the bus is **limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30 am. Last day to sign up is September 29th at 11:30am. Please sign up with Maria in person while she is in her office and pay \$18 to reserve your spot and pay.**