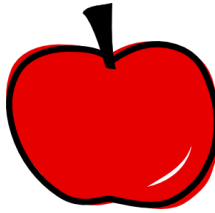
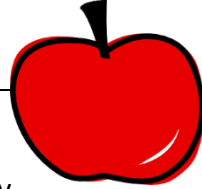
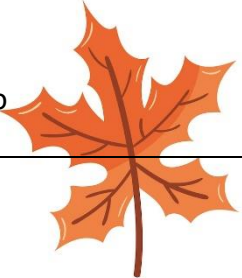
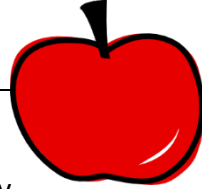


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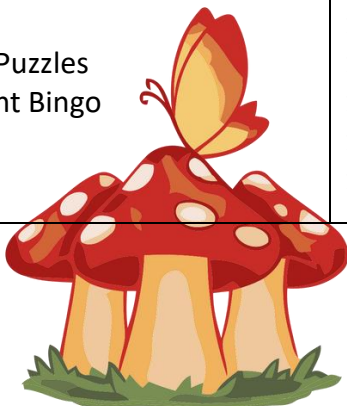
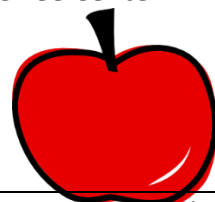
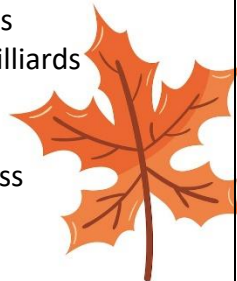
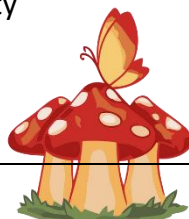
This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:30 Exercise 9:45 ESL with Nancy 10:00-11:30 Pool/Billiards 10:00 ESL with Thea 10:00-12:00 Intergenerational Games with Hearts in Action Volunteers 10:00 Bingocize Sign Up Begins 11:00 Beginners Spanish Class 12:45 Bread Raffle 1:10 Garden Raffle 	2 Center Closed Field Trip to University Mall Theater for Mrs. Doubtfire 	3 9:30 Exercise 10:00 Maria's Rules Uno 10:00-11:30 Pool/Billiards 10:30 Phase 10 11:00 Food Trivia 12:45 Quote Trivia  	4 9:30 Exercise 10:00 Spanish with Maria Teresa 10:00-11:30 Pool/Billiards 11:00 Ukulele Class 11:00 Wheel of Fortune 12:45 Prize Bingo 
7 Center Closed for Labor Day 	8 Star Trek Day 9:30 Fun Exercise with Paula 10:00 ESL with Thea 10:00-11:30 Pool/Billiards 11:00 Beginners Spanish Class 11:00 Star Trek Trivia 12:45 Senior Treasure Corner 	9 9:30 Exercise 9:45 ESL with Nancy 10:00-11:30 Pool/Billiards 10:30 Bingocize with Blanca 11:00 Hangman 11:00 Beginner ESL with Denice 12:45 Bread Raffle 1:10 Garden Raffle  	10 National Grandparents Day 9:30 Exercise 10:00 Math Problems 10:00-11:30 Pool/Billiards 10:30 Crafty Crew 11:00 Guess the Senior Trivia 11:45 Greetings from Stephen Carattini 12:45 Guess the Famous Grandparent 	11 9:30 Hanging with Humana Exercise 10:00 Spanish with Maria Teresa 10:00-11:30 Pool/Billiards 10:00 – 10:45 Ukulele Class 10:15 Bowling at the Lee Center 11:00 Logo Trivia 12:45 Prize Bingo 
14 Virginia Day -Wear Pink Day 9:30 Exercise 9:55 Shopping Trip to Walmart 10:00-11:30 Pool/Billiards 10:30 Family Feud with the Lee Center 11:00 Dice Games 12:45 10 Cent Bingo 	15 Wear Green Day 9:30 Exercise 10:00 ESL with Thea 10:00-11:30 Pool/Billiards 11:00 Beginners Spanish Class 11:00 Sudoku 12:45 Bread Raffle 1:10 Garden Raffle  	16 Wear Red Day 9:30 Exercise 9:45 ESL with Nancy 10:00-11:30 Pool/Billiards 10:30-1:30 Vaccination Clinic by Safeway 11:00 Spelling Bee 11:00 Beginner ESL with Denice 12:45 Skee-ball 	17 National Dance Day – Wear Black or White Day 9:30 Exercise 10:00-11:30 Pool/Billiards 10:30 Dance Trivia 11:00 Discover Bernadette Soubirous 12:45 Guess the Senior Trivia 	18 – Wear Blue Day 9:30 Exercise 10:00 Spanish with Maria Teresa 10:00-11:30 Pool/Billiards 10:00 – 10:45 Ukulele Class 10:30 Bingocize with Blanca 11:00 Monopoly 12:45 Prize Bingo 

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Monday	Tuesday	Wednesday	Thursday	Friday
21 9:30 Exercise 9:55 Shopping Trip to Landmark Plaza 10:00-11:30 Pool/Billiards 10:00 Uno 11:00 Scopa Card Game 12:45 10 Cent Bingo	22 Centenarian's Day 9:30 Fun Exercise with Paula 10:00 ESL with Thea 10:00-11:30 Pool/Billiards 11:00 Beginners Spanish Class 11:00 100's Trivia 12:45 Senior Treasure Corner	23 9:30 Exercise 9:45 ESL with Nancy 10:00-11:30 Pool/Billiards 10:30 Bingocize with Blanca 11:00 Beginner ESL with Denice 11:30 Birthday Party 12:45 Bread Raffle 1:10 Garden Raffle	24 9:30 Belly Dancing with Marietha 9:45 PSAT Questions 10:00-11:30 Pool/Billiards 10:30 Crafty Crew 11:00 Jeopardy 12:45 Basketball Toss	25 National Family Day 9:30 Exercise 10:00 Spanish with Maria Teresa 10:00-11:30 Pool/Billiards 10:00 – 10:45 Ukulele Class 10:15 Bowling at the Lee Center 11:00 12:45 Prize Bingo
28 9:30 Exercise 9:55 Shopping Trip to Lidl's 10:00-11:30 Pool/Billiards 10:30 Family Feud with the Lee Center 11:00 Logic Puzzles 12:45 10 Cent Bingo	29 9:30 Fun Exercise with Paula 9:45 ESL with Nancy 9:45 Senior Robust Walkathon 10:00-11:30 Pool/Billiards 10:00 ESL with Thea 11:00 Beginners Spanish Class 11:00 Learn a Card Game 12:45 Bread Raffle 1:10 Garden Raffle	30 Center Closed The Botanic Garden	September is National Pain Awareness Month, Self-Care Awareness Month, National Sewing Month, Self-Improvement Month, and Classical Music Month ** Activities are subject to change depending on instructor availability*** Check calendar for new games and activities for the month. Is there a game or activity you would like to add and play? Please let Maria know!! Any voluntary donation is greatly appreciated to help ensure that the center is able to continue to provide multiple services and activities.	



Sorry! We're
CLOSED

