

PARTICIPANTS: The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

NEW PARTICIPANT REGISTRATION: A short registration process is used to assess a prospective participant's needs and to meet administrative requirements. Please call 703-751-2766 to make an appointment.

SENIOR OPPORTUNITIES: The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily, Monday – Friday.

CENTER LOCATION: The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School and Rec Center. Take Seminary Road to North Jordan then turn right on Taney Avenue.

TRANSPORTATION AND MEALS: The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 9:30 AM

PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER: This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

HELPFUL INFORMATION SOURCES:

- **City of Alexandria Division of Aging and Adult Services: 703-746-5999**
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hespe
- Alexandria Senior Taxi: 703-746-5999 x1
- Arlington County Agency on Aging: 703-228-1700
- Fairfax Area Agency on Aging: 703-324-7948
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-2766**

ST. MARTIN DE PORRES SENIOR CENTER STAFF:

Juanita Balenger, Senior Center Program Director
Luis Angel, Senior Center Assistant Director
Maria Mellor, Activities and Volunteer Coordinator
Christine Simon, Operations Assistant



ST. MARTIN DE PORRES SENIOR CENTER

ALL SENIORS WELCOME!

Welcome Back!!

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.



July 2026

4650 Taney Ave. Alexandria, VA 22304

Phone: 703-751-2766

www.cdda.net/seniorservices/

CENTER OPEN: MONDAY – FRIDAY
8:45 A.M. – 1:30 P.M.

OFFICE HOURS: 8:30 A.M. – 4:30 P.M.

FIELD TRIPS

****Reminders****



Additional Closures:

- Bus reservations must be made at least one day in advance by 9:30 am.
- Lunch reservations must be made at least one day in advance by 9:30 am.

Happy Birthday!

July Birthdays:

- 07 – Sandra Walker
- 08 – Assefa Kassa
- 10 – Denice Cruz
- 11- Delfina Vargas
- 14 – Tsehaynesh Engeda
- 17 – Bekelech Abdisa
- 17 – Kevin Cleage
- 19 – Maria Hilary
- 23 – Bogale Duggda
- 24 – Mekonnen Befekadu
- 27 – Tesfaye Woldehane
- 29 – Jun Canlas



Our Birthday Party will be on Wednesday, July 22. Hope you are ready to dance and celebrate!!

Wednesday, July 8: Tour of the Dominican House of Studies

The Dominican House of Studies is a Dominican Catholic Center for prayer, study, and ministry in Washington, DC. Join us for a field trip to explore its beautiful chapel, learn about the Dominican tradition, and experience a peaceful and inspiring setting. Lunch will be at the senior center. Seating on the bus is **limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30 am. Last day to sign up is July 7th at 11:30am. Please sign up with Maria in person while she is in her office to reserve your spot.**



Wednesday, July 29: Glen Echo Park

Join us for a picnic at Glen Echo Park in Glen Echo, MD. Go on a leisure stroll, ride the carousel (\$2 a ride or \$5 for all day) Lunch will be at the park. In case of rain, we will be going to the National Museum of African Art with lunch at the senior center. Seating on the bus is **limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30 am. Last day to sign up is July 28th at 11:30am. Please sign up with Maria in person while she is in her to reserve your spot.**