









# April 2026

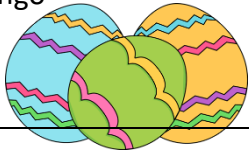

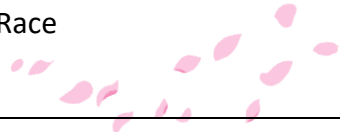




*This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.*

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>April is National Financial Literacy Month, Parkinson's Awareness Month, National Month of Hope, National Volunteer Month, National Humor Month, Stress Awareness Month, and National Garden Month</b></p> <p><b>** Activities are subject to change depending on instructor availability**</b> Check calendar for new games and activities for the month. Is there a game or activity you would like to add and play? Please let Maria know!! Any voluntary donation is greatly appreciated to help ensure that the center is able to continue to provide multiple services and activities.</p>		<p>1</p> <p>9:30 Exercise 9:45 ESL with Nancy 10:00-11:30 Pool/Billiards 10:30 Table Riddles 11:00 Phase 10 12:45 True or False Trivia</p>	<p>2</p> <p>9:30 Exercise <b>10:00 Dying Easter Eggs</b> 10:00-11:30 Pool/Billiards 10:30 Movie: Godspell 11:00 Easter Trivia 12:45 Prize Bingo</p> 	<p>3</p> <p>Center Closed Good Friday</p> 
<p>6</p> <p>Center Closed Easter Monday</p>  	<p>7</p> <p>9:30 Exercise 9:45 ESL with Nancy 10:00-11:30 Pool/Billiards 10:30 Food and Fun with Chef Philippe 10:30 Beginners Spanish Class 11:00 Crossword Puzzle 12:45 Prize Bingo</p>	<p>8</p> <p>Center Closed for Field Trip Walking Tour of MLK and FDR Memorials</p>  	<p>9</p> <p>9:30 Exercise 10:00-11:30 Pool/Billiards 10:30 Crafty Crew 11:00 Spot the Difference 11:00 Card Games 12:45 Bread Raffle</p>	<p>10</p> <p>9:30 Exercise 10:00-11:30 Pool/Billiards 10:00 – 10:45 Ukulele Class 10:00 Spanish with Maria Teresa <b>11:00 Bingocize Sign Up</b> 12:45 Prize Bingo</p> 
<p>13 <i>National Scrabble Day</i></p> <p>9:30 Exercise 9:55 Shopping Trip to Walmart 10:00-11:30 Pool/Billiards 10:00 Scrabble 11:00 Pictionary 12:45 10 Cent Bingo</p> 	<p>14</p> <p>9:30 Exercise 9:45 ESL with Nancy 10:00-11:30 Pool/Billiards 10:00 ESL with Thea 10:30 Beginners Spanish Class 11:00 Matching Game 12:45 Senior Treasure Corner</p>	<p>15</p> <p>9:30 Color Trivia 10:00-11:30 Pool/Billiards <b>10:30 Bingocize</b> 10:30 Sorry Game 11:00 Left Right and Center 12:45 Bread Raffle 1:00 Bean Bag Toss</p>	<p>16</p> <p>9:30 Exercise 10:00-11:30 Pool/Billiards 10:30 Family Feud 10:30 Crafty Crew 11:00 Skipbo <b>12:45 Hot Potato with Holy Spirit Home Schoolers</b></p>	<p>17</p> <p><b>10:30 Bingocize</b> 10:00-11:30 Pool/Billiards 10:00 Spanish with Maria Teresa 10:00 – 10:45 Ukulele Class 11:00 The Floor Game 12:45 Prize Bingo</p> <p><i>7pm Dance for all Ages</i></p>



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Monday	Tuesday	Wednesday	Thursday	Friday
<p>20</p> <p>9:30 Exercise</p> <p>9:55 Shopping Trip to Landmark Plaza</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:30 Hangman</p> <p>11:00 Brain Battalion</p> <p>12:45 10 Cent Bingo</p> 	<p>21 <i>National Clean out Your Medicine Cabinet Day</i></p> <p>9:30 Exercise</p> <p>9:45 ESL with Nancy</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:00 ESL with Thea</p> <p><b>10:00 Intergenerational Activities with Catholic Charities USA</b></p> <p>10:30 Beginners Spanish Class</p> <p><b>10:45 SAIL Exercise at PHRC</b></p> <p>12:45 Bread Raffle</p> 	<p>22</p> <p><b>9:30 Intergenerational Activities with Gonzaga High School</b></p> <p>9:45 ESL with Nancy</p> <p><b>10:00 Bingocize</b></p> <p>10:00-11:30 Pool/Billiards</p> <p>11:00 Birthday Party</p> <p>11:00 Infinite Craft</p> <p>12:45 Rat Race</p> 	<p>23</p> <p><b>9:30 Belly Dancing with Marietha</b></p> <p>10:00-11:30 Pool/Billiards</p> <p>10:00 Movie: 7 Brides for 7 Brothers</p> <p>10:30 Crafty Crew</p> <p>10:45 SAIL Exercise at PHRC</p> <p>11:00 Trivial Pursuit</p> <p>12:45 Skeeball</p> 	<p>24</p> <p><b>9:30 Intergenerational Activities with Bishop Ireton</b></p> <p>10:00 – 10:45 Ukulele Class</p> <p>10:00 Spanish with Maria Teresa</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:30 Bingocize</p> <p>11:00 Simon Says</p> <p>12:45 Prize Bingo</p> 
<p>27</p> <p>9:30 Exercise</p> <p>9:55 Shopping Trip to Target</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:30 Price is Right</p> <p>11:00 Song Lyric Trivia</p> <p>12:45 10 Cent Bingo</p> 	<p>28</p> <p>9:30 Exercise</p> <p>9:45 ESL with Nancy</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:00 ESL with Thea</p> <p>10:00 Coffee with a Cop</p> <p>10:30 Beginners Spanish Class</p> <p>10:45 Uno</p> <p>10:45 SAIL Exercise at PHRC</p> <p>11:30 Sewing Room</p> <p>12:45 Senior Treasure Corner</p> 	<p>29</p> <p><b>9:00 Dental Clinic</b></p> <p>9:30 Trivia</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:30 Bingocize</p> <p>10:30 Card Games</p> <p>11:00 20 Questions</p> <p><b>12:45 Ukulele Concert</b></p> <p>1:00 Bread Raffle</p>	<p>30</p> <p><b>9:30 Belly Dancing with Marietha</b></p> <p>10:00-11:30 Pool/Billiards</p> <p>10:30 Crafty Crew</p> <p>10:30 Scattegories</p> <p>10:45 SAIL Exercise at PHRC</p> <p>10:45 Group Puzzle</p> <p>11:00 Infinite Craft</p> <p><b>12:45 Senior Council</b></p>	