Hot Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Parmesan Whole Grain Cavatappi Pasta Mixed Vegetables Whole Grain Dinner Roll with Butter Orange Milk	3 Philly Cheesesteak Sliced Cheese Green Peppers and Onions Whole Grain Sub Roll Apple Milk	4 Turkey Chili Mac with Beans Whole Grain Macaroni Pasta Sauteed Spinach Cornbread with Butter Fruit Cup Milk	5 Grilled Chicken Sandwich with Cheese Dijon, Tomato, and Onion Garden Salad Whole Grain Bun Applesauce Milk	6 Curry Shrimp White Rice Sauteed Carrots Whole Grain Cornbread with Butter Orange Milk
9 Turkey Cheeseburger Roasted Sweet Potato Garden Salad Whole Grain Bun Apple Milk	10 Ground Beef Stir Fry Whole Grain Fried Rice Stir Fry Vegetables with Peas Whole Grain Dinner Roll with Butter Fruit Cup Milk	11 Chicken Cordon Bleu with Turkey Mashed Potato Green Beans Whole Grain Dinner Roll with Butter Banana Milk	12 Turkey Taco Sauce with Beans Mac and Cheese Green Peppers and Onions Cornbread with Butter Applesauce Milk	13 Baked Flounder Veggie Rice Pilaf Zucchini, Peas, and Carrots Whole Grain Dinner Roll with Butter Fruit Cup Milk

Monday	Tuesday	Wednesday	Thursday	Friday
16 BBQ Turkey Meatloaf Mashed Potatoes Mixed Vegetables Whole Grain Cornbread with Butter Apple Milk	17 Teriyaki Grilled Chicken Fried Veggie Rice Stir Fry Vegetables with Peas Whole Grain Dinner Roll with Butter Orange Milk	18 Salisbury Beef with Mushroom Gravy Mashed Potatoes Sauteed Spinach Whole Grain Dinner Roll with Butter Banana Milk	19 Turkey Sloppy Joe Roasted Sweet Potato Green Beans Whole Grain Burger Bun Applesauce Milk	20 Lemon Butter Shrimp Parmesan Risotto Sauteed Spinach Cornbread with Butter Orange Milk
23 Chicken Burrito Bowl Spanish Rice Beans Green Peppers and Onions Whole Grain Flour Tortillas Apple Milk	24 Beef Cheeseburger Roasted Potatoes Garden Salad Whole Grain Dinner Roll Fruit Cup Milk	25 Creamy Chicken with Whole Grain Dumplings Green Beans Whole Grain Dinner Roll with Butter Banana Milk	26 Center Closed	27 Salmon Burger Sandwich Rice Pilaf Zucchini, Peas, Carrots Whole Grain Bun Banana Milk
30 Chicken Pad Thai Whole Grain Noodles Stir Fry Veggies Whole Grain Dinner Roll with Butter Fruit Cup Milk	31 Creamy Red Pepper Turkey Whole Grain Cheese Ravioli Sauteed Spinach Whole Grain Cornbread with Butter Apple Milk			

Cold Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Tarragon and Apple Chicken Salad Whole Grain Croissant Garden Salad Fruit Cup Milk ***Vegan: Tarragon and Apple Tofu Salad***	3 Honey Mustard Turkey Wrap Whole Grain Flour Tortilla Coleslaw Banana Milk ***Vegan: Honey Mustard Tofu Wrap***	4 Southwest Chicken Whole Grain Pasta Salad Cowboy Bean Salad Orange Milk ***Vegan: Southwest Tofu Pasta Salad***	5 Turkey Italian Pasta Salad Whole Grain Macaroni Pasta Carrot Salad Applesauce Milk ***Vegan: Italian Tofu Salad***	6 Old Bay Seafood Salad (Shrimp and Imitation Crab) Whole Grain Sub Roll Bean Salad Banana Milk ***Vegan: Old Bay Chickpea Salad***
9 Greek Chicken Quinoa Salad Garden Salad Apple Milk ***Vegan: Mediterranean Chickpea Salad***	10 Deviled Egg Pasta Salad Whole Grain Macaroni Bean Salad Orange Milk ***Vegan: Deviled Egg Pasta Salad***	11 Waldorf Chicken Salad Whole Grain Croissant Garden Salad Banana Milk ***Vegan: Waldorf Chickpea Salad***	12 Turkey and Cheese Wrap Mayo Whole Grain Flour Tortilla Coleslaw Applesauce Milk ***Vegan: Tofu and Cheese Wrap***	13 Tuna Salad Sandwich Whole Grain Sandwich Bun Garden Salad Orange Milk ***Vegan: Chickpea Salad Sandwich***

Monday	Tuesday	Wednesday	Thursday	Friday
16 Meat Italian Turkey Sandwich Whole Grain Sandwich Bun Carrot Salad Apple Sauce Milk ***Vegan: Italian Tofu Salad***	17 Lemon Chicken Orzo Whole Grain Pasta Salad Garden Salad Banana Milk ***Vegan: Lemon Tofu Orzo Salad***	18 Cajun Seafood Salad Whole Grain Pasta Bean Salad Apple Milk ***Vegan: Cajun Chickpea Sandwich***	19 Chicken Salad Sandwich Whole Grain Croissant Carrot Salad Banana Milk ***Vegan: Chickpea Salad Sandwich***	20 Tuna Salad Sandwich Whole Grain Pita Bread White Bean Salad Orange Milk ***Vegan: Chickpea Salad Pita***
23 Chicken Salad Sandwich Whole Grain English Muffin Three Bean Salad Fruit Cup Milk ***Vegan: Chickpea Salad Sandwich***	24 Egg Salad Sandwich Whole Grain Bread Garden Salad Orange Milk ***Vegan: Egg Salad Sandwich***	25 Ranch Turkey Wrap Whole Grain Flour Tortilla Carrot Salad Banana Milk ***Vegan: Ranch Tofu Wrap***	26 Center Closed	27 Shrimp Cocktail Whole Grain Crackers Garden Salad Applesauce Milk ***Vegan: Chickpea Cocktail***
30 Egg Salad Sandwich Whole Grain Croissant Garden Salad Fruit Cup Milk ***Vegan: Egg Salad Croissant***	31 BBQ Chicken WRAP Whole Grain Flour Tortilla Coleslaw Applesauce Milk ***Vegan: BBQ Tofu Wrap***			

Salad Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Grilled Diced Chicken Lettuce Blend and Italian Dressing Cheese and Hard-Boiled Egg Tomato and Cucumber Whole Grain Dinner Roll Fruit Milk	Diced Turkey Lettuce Blend and Light Ranch Cheese and Hard-Boiled Egg Tomato and Cucumber Cornbread Fruit Milk	Sliced Chicken Lettuce Blend and Italian Dressing Cheese and Hard-Boiled Egg Tomato and Cucumber Whole Grain Dinner Roll Fruit Milk	Diced Turkey Lettuce Blend and Light Ranch Cheese and Hard-Boiled Egg Tomato and Cucumber Cornbread Fruit Milk	Grilled Diced Chicken Lettuce Blend and Italian Dressing Cheese and Hard-Boiled Egg Tomato and Cucumber Whole Grain Dinner Roll Fruit Milk