

# January 2026

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

Monday	Tuesday	Wednesday	Thursday	Friday
** Activities are subject to change depending on instructor availability***  Check calendar for new games and activities for the month. Is there a game or activity you would like to add and play? Please let Maria know!!  Any voluntary donation is greatly appreciated to help ensure that the center is able to continue to provide multiple services and activities.			1  Center Closed for New Years Day	2  <b>Center Closed for Day after New Years Day</b>
5 9:30 Exercise 9:55 Shopping Trip to Landmark Plaza 10:00-11:30 Pool/Billiards 10:00 Trash Card Game 11:00 Spanish Uno 12:45 10 Cent Bingo	6 9:30 Exercise 10:00-11:30 Pool/Billiards 10:00 Yahtzee 10:30 Brain Battalion <b>11:00 Crossword Puzzles</b> 12:45 Senior Treasure Corner	7 9:30 Exercise 10:00-11:30 Pool/Billiards 10:00 Go Fish 10:30 Study Group 11:00 Math Word Problems 12:45 Bread Raffle	8 9:30 Exercise 10:00-11:30 Pool/Billiards 10:00 Elvis Movie 11:00 Phase 10 11:00 Sewing Room 12:45 Prize Bingo	9  Center Closed for Staff Training
12 9:30 Exercise 9:55 Shopping Trip to Walmart 10:00-11:30 Pool/Billiards 10:30 Matching Game 11:00 Take Down Christmas Tree 12:45 10 Cent Bingo	13 9:30 Exercise 9:45 ESL with Nancy 10:00-11:30 Pool/Billiards <b>10:45 SAIL at PHRC</b> <b>11:00 Family Feud</b> 12:45 Bread Raffle	14 9:30 Exercise 10:00-11:30 Pool/Billiards 10:30 Spot the Difference 10:30 Study Group <b>11:00 Friendly Callers Presentation with Tanya</b> 12:45 Target Toss	15 National Hat Day! Wear a Hat! 9:30 Exercise 10:00-11:30 Pool/Billiards 10:30 Uno All Wild <b>10:45 SAIL at PHRC</b> 11:00 Sewing Room 12:45 Rolling Game	16 9:30 Exercise 10:00-11:30 Pool/Billiards 10:00 Spanish with Maria Teresa 10:00 – 10:45 Ukulele Class 11:00 Wheel of Fortune 12:45 Prize Bingo

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19 Center Closed for Martin Luther King Jr. Day 	20 9:30 Exercise 9:45 ESL with Nancy 10:00-11:30 Pool/Billiards 10:30 Crochet and Knitting Room <b>10:45 SAIL at PHRC</b> 11:00 Skip-bo 12:45 Prize Bingo	21 9:30 Exercise 10:00-11:30 Pool/Billiards <b>10:30 Taskmaster Challenge</b> 11:00 Birthday Party 11:00 Infinite Craft	22 9:30 Belly Dancing with Marietha 10:00-11:30 Pool/Billiards 10:00 Hangman <b>10:45 SAIL at PHRC</b> <b>11:00 Study Group with Seminarians</b> 12:45 Guess the Country	23 <b>9:00 Dental Clinic</b> 9:30 Exercise 10:00-11:30 Pool/Billiards 10:00 Spanish with Maria Teresa 11:00 The Floor 12:45 Prize Bingo
26 9:30 Exercise 9:55 Shopping Trip to Target 10:00-11:30 Pool/Billiards 10:00 Anagrams 11:00 Phase 10 12:45 10 Cent Bingo	27 9:30 Exercise 9:45 ESL with Nancy 10:00-11:30 Pool/Billiards 10:30 Play Scattegories <b>10:45 SAIL at PHRC</b> 12:30 Bread Raffle 12:45 Senior Treasure Corner	28 Center Closed for Field Trip National Portrait Gallery 	29 Puzzle Day! 9:30 Belly Dancing with Marietha 10:00-11:30 Pool/Billiards 10:00 Table Riddles 10:30 Puzzles <b>10:45 SAIL at PHRC</b> <b>11:00 Study Group</b> 12:45 Hoop Toss	30 9:30 Exercise 10:00-11:30 Pool/Billiards 10:00 Spanish with Maria Teresa 10:00 Trivia 11:00 Rice Bowl Trivia 12:45 Prize Bingo

