




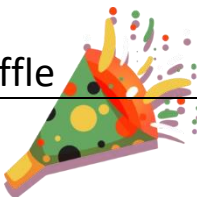
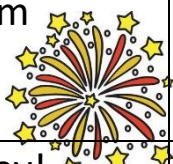


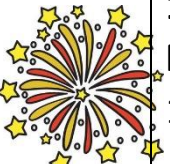

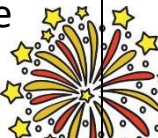



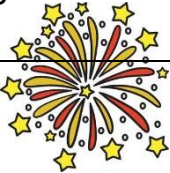






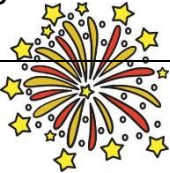



January 2026

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>** Activities are subject to change depending on instructor availability**</p> <p>Check calendar for new games and activities for the month. Is there a game or activity you would like to add and play? Please let Maria know!!</p> <p>Any voluntary donation is greatly appreciated to help ensure that the center is able to continue to provide multiple services and activities.</p>			<p>1</p> <p>Center Closed for New Years Day</p> <p>  </p>	<p>2</p> <p>Center Closed for Day after New Years Day</p>
<p>5</p> <p>9:30 Exercise</p> <p>9:55 Shopping Trip to Landmark Plaza</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:00 Trash Card Game</p> <p>11:00 Spanish Uno</p> <p>12:45 10 Cent Bingo</p> 	<p>6</p> <p>9:30 Exercise</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:00 Yahtzee</p> <p>10:30 Brain Battalion</p> <p>11:00 Crossword Puzzles</p> <p>12:45 Senior Treasure Corner</p> 	<p>7</p> <p>9:30 Exercise</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:00 Go Fish</p> <p>10:30 Study Group</p> <p>11:00 Math Word Problems</p> <p>12:45 Bread Raffle</p> 	<p>8</p> <p>9:30 Exercise</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:00 Elvis Movie</p> <p>11:00 Phase 10</p> <p>11:00 Sewing Room</p> <p>12:45 Prize Bingo</p> 	<p>9</p> <p>Center Closed for Staff Training</p> <p></p>
<p>12</p> <p>9:30 Exercise</p> <p>9:55 Shopping Trip to Walmart</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:30 Matching Game</p> <p>11:00 Take Down Christmas Tree</p> <p>12:45 10 Cent Bingo</p> 	<p>13</p> <p>9:30 Exercise</p> <p>9:45 ESL with Nancy</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:45 SAIL at PHRC</p> <p>11:00 Family Feud</p> <p>12:45 Bread Raffle</p> 	<p>14</p> <p>9:30 Exercise</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:30 Spot the Difference</p> <p>10:30 Study Group</p> <p>11:00 Friendly Callers Presentation with Tanya</p> <p>12:45 Target Toss</p>	<p>15 National Hat Day! Wear a Hat!</p> <p>9:30 Exercise</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:30 Uno All Wild</p> <p>10:45 SAIL at PHRC</p> <p>11:00 Sewing Room</p> <p>12:45 Rolling Game</p> 	<p>16</p> <p>9:30 Exercise</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:00 Spanish with Maria Teresa</p> <p>10:00 – 10:45 Ukulele Class</p> <p>11:00 Wheel of Fortune</p> <p>12:45 Prize Bingo</p> 

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>19</p> <p>Center Closed for Martin Luther King Jr. Day</p> 	<p>20</p> <p>9:30 Exercise</p> <p>9:45 ESL with Nancy</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:30 Crochet and Knitting Room</p> <p>10:45 SAIL at PHRC</p> <p>11:00 Skip-bo</p> <p>12:45 Prize Bingo</p> 	<p>21</p> <p>9:30 Exercise</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:30 Taskmaster Challenge</p> <p>11:00 Birthday Party</p> <p>11:00 Infinite Craft</p> <p>12:45 Bread Raffle</p> 	<p>22</p> <p>9:30 Belly Dancing with Marietha</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:00 Hangman</p> <p>10:45 SAIL at PHRC</p> <p>11:00 Study Group with Seminararians</p> <p>12:45 Guess the Country</p> 	<p>23</p> <p>9:00 Dental Clinic</p> <p>9:30 Exercise</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:00 Spanish with Maria Teresa</p> <p>11:00 The Floor</p> <p>12:45 Prize Bingo</p> 
<p>26</p> <p>9:30 Exercise</p> <p>9:55 Shopping Trip to Target</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:00 Anagrams</p> <p>11:00 Phase 10</p> <p>12:45 10 Cent Bingo</p>  	<p>27</p> <p>9:30 Exercise</p> <p>9:45 ESL with Nancy</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:30 Play Scattegories</p> <p>10:45 SAIL at PHRC</p> <p>12:30 Bread Raffle</p> <p>12:45 Senior Treasure Corner</p>  	<p>28</p> <p>Center Closed for Field Trip National Portrait Gallery</p>  	<p>29 Puzzle Day!</p> <p>9:30 Belly Dancing with Marietha</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:00 Table Riddles</p> <p>10:30 Puzzles</p> <p>10:45 SAIL at PHRC</p> <p>11:00 Study Group</p> <p>12:45 Hoop Toss</p> 	<p>30</p> <p>9:30 Exercise</p> <p>10:00-11:30 Pool/Billiards</p> <p>10:00 Spanish with Maria Teresa</p> <p>10:00 Trivia</p> <p>11:00 Rice Bowl Trivia</p> <p>12:45 Prize Bingo</p> 