

PARTICIPANTS:

The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

NEW PARTICIPANT REGISTRATION:

A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 703-751-2766 to make an appointment.

SENIOR OPPORTUNITIES:

The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

CENTER LOCATION:

The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School and Rec Center. Take Seminary Road to North Jordan then turn right on Taney Avenue.

TRANSPORTATION AND MEALS:

The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 11:00 am.

PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER:

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

HELPFUL INFORMATION SOURCES:

- City of Alexandria Division of Aging and Adult Services: 703-746-5999
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hespe
- Alexandria Senior Taxi: 703-746-5999 x1
- Arlington County Agency on Aging: 703-228-1700
- Fairfax Area Agency on Aging: 703-324-7948
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-2766**

ST. MARTIN DE PORRES SENIOR CENTER STAFF:

Juanita Balenger, Senior Center Program Director

Luis Angel, Senior Center Assistant Director

Maria Mellor, Activities and Food Service Assistant, Volunteer Coordinator



ST. MARTIN DE PORRES SENIOR CENTER

ALL SENIORS WELCOME!

Welcome Back!!

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.



August 2024

4650 Taney Ave. Alexandria, VA 22304

Phone: 703-751-2766

www.cdda.net/seniorservices/

CENTER OPEN: MONDAY – FRIDAY
8:45 A.M. – 1:30 P.M.

OFFICE HOURS: 8:30 A.M. – 4:30 P.M.

FIELD TRIPS

****Reminders****

Additional Closures: None

-Bus reservations must be made at least one day in advance by 11 am.

-Lunch reservations must be made at least one day in advance by 11am.



Happy Birthday!

August Birthdays!

03 – Gerry Conlon

07 – Gloria Perry

07 – Danuta Kuhl

14 – Rosa Leiva

23 – Rosalina Valle

29 – Aster Dibaba



Our Birthday Party will be on Wednesday, August 14

Wednesday, August 7: Walking Tour of National Harbor

We will be going on a walking tour of National Harbor.

While we are there, you will get a chance to ride the Capital Wheel. This is a 15 minute ferris wheel ride, with views over looking the National Harbor. 4 people per capsule with a fee of \$20 per the ride. If it rains, we will take a walking tour of the Gaylord Atrium. We will return to the senior center for lunch. **Bus pick up begins at 8:15am and we will be leaving the center at 9:15. Last day to sign up was August 6th at 11:30am. Please sign up with Juanita in person while she is in her office to reserve your spot.**

Wednesday, August 28: Planet Word Museum

Planet Word is "The museum where language comes to life" and features interactive exhibits dedicated to topics such as the history of the English Language, how children learn words, languages around the world, humor, poetry, and how music and advertising use words. This is a great trip for all of our seniors learning English as a Second Language. Seating on the bus is **limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30. Last day to sign up is August 27th at 11:30am. Please sign up with Maria in person while she is in her office and pay \$10 to reserve your spot.**