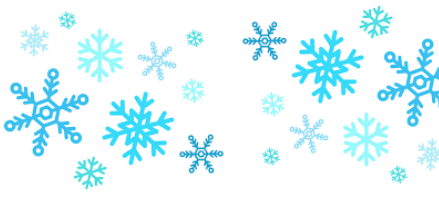
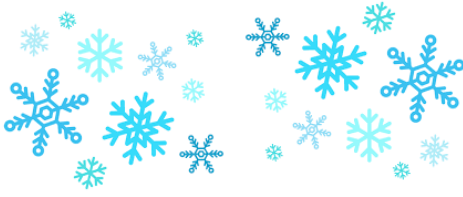





















December 2021 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Grilled Pollock Whole Grain Roll with Butter Whole Grain Rice Broccoli Butter Beans Mandarin Orange Milk 	2 Meatloaf and Gravy Whole Grain Biscuit with Butter Grilled Zucchini Black Eyed Peas Honeydew Milk 	3 Chicken Pot Pie Whole Grain Biscuit Steamed Greens Fruit Cocktail Milk 
6 6 Swedish Meatballs Whole Grain Rice Whole Wheat Dinner Roll Butter Beets Hash Brown Potatoes Banana Milk 	7 Chicken in Orange Sauce Whole Grain Fried Rice Whole Grain Roll with Butter Steamed Greens Steamed Sweet Potato Pear Milk 	8 Stuffed Pepper Whole Grain Biscuit with Butter Green Beans Roasted Pumpkin Melon Salad Milk 	9 Breaded Fish Filet Whole Grain Bun Shredded Kale Peas Apple Milk 	10 Minestrone Soup Cheesy Rice and Beans Whole Grain Ritz Crackers Fiesta Corn Fresh Fruit Salad Milk 
13 Oven Fried Chicken Leg Cornbread Whole Grain Wheat Roll with Butter Black Eyed Peas Glazed Carrots Apple Slices Milk 	14 Chili con Carne Whole Grain Corn Muffin with Butter Mixed Greens Salad with Ranch Banana Milk 	15 Chicken Curry Casserole Whole Grain Roll with Butter Broccoli Pineapple Milk 	16 Beef Stew potato carrots peas Whole Grain Biscuit with Margarine Peaches Milk 	17 Beef and Macaroni Casserole Whole Grain Roll with Butter Green Beans Zucchini Orange in Wedges Milk 
20 Whole Grain Spaghetti and Meatballs Zucchini Italian Blend Orange in Wedges Milk 	21 Sloppy Turkey Joe Whole Grain Bun Creole Style Black Eyed Peas Steamed Greens Waldorf Salad Milk 	22 Slice Turkey and Gravy Stuffing Sweet Potatoes Broccoli Cranberry Sauce Pumpkin Pie Milk 	23 Center Closed for Christmas Holiday 24 Center Closed for Christmas Holiday	
27 Center Closed for Christmas Holiday	28 Beef Pad Thai Whole Grain Linguini Noodles Spinach in Garlic Sauce Cantaloupe Milk 	29 Grilled Pollock Whole Grain Roll with Butter Whole Grain Rice Broccoli Butter Beans Mandarin Orange Milk 	30 Meatloaf and Gravy Whole Grain Biscuit with Butter Grilled Zucchini Black Eyed Peas Honeydew Milk 	31 Center Closed for New Year's Eve