

PARTICIPANTS:

The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

NEW PARTICIPANT REGISTRATION:

A short registration process is used to assess a prospective participant's needs and to meet administrative requirements. Please call 703-751-2766 to make an appointment.

SENIOR OPPORTUNITIES:

The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

CENTER LOCATION:

The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School. Take Seminary Road to North Jordan then turn right on Taney Avenue. Another option is to take Duke Street to North Jordan; turn left on Taney Ave. Also, you may take the Metro bus route 25B.

TRANSPORTATION AND MEALS:

The City of Alexandria provides door to door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 11:00 am.

PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER:

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

HELPFUL INFORMATION SOURCES:

- **City of Alexandria Division of Aging and Adult Services: 703-746-5999**
- Alexandria Senior Taxi: 703-746-5999 x1
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-746-5999
- Legal Services of Northern Virginia: 703-778-6800
- Fairfax Area Agency on Aging: 703-324-7948
- Arlington County Agency on Aging: 703-228-1700
- Catholic Charities Emergency Assistance: 703-548-4227
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-4083**
Anne Coyne, BSN, MA, Director

ST. MARTIN DE PORRES SENIOR CENTER STAFF:

Anne Coyne, St. Martin de Porres Senior Center Director
Luis Angel, Senior Center Assistant Director
Maria Mellor, Activities and Food Service Assistant



CATHOLIC CHARITIES
Diocese of Arlington

ST. MARTIN DE PORRES SENIOR CENTER

ALL SENIORS WELCOME!

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September 2017

4650 Taney Ave. Alexandria, Virginia 22304

Phone: (703) 751-2766

Fax: (703) 212-7306

www.cdda.net

CENTER OPEN: MONDAY – FRIDAY
8:30 A.M. – 1:30 P.M.

OFFICE HOURS: 7:30 A.M. – 3:30 P.M.

Due to Senior Council Decree, we celebrate participant birthdays monthly.

September Birthdays

- 01 – Maria Garcia
- 01 – Maria Sanchez
- 04 – Javier Lanata
- 08 – Tenaye Wondie
- 09 – Vermelle Johnson
- 09 – Jeanette Sforza
- 10 – Thu-Hue Tran
- 10 – Tamerat Gebre Maksebo
- 11 – Kidiste Tadesse
- 11 – Besserat Tekleb Orgas
- 14 – Tseggai Gide
- 16 – Kifle Lemma
- 19 – Girma Negussie
- 19 – Arnetta Thompson
- 22 – Moghiaderi Parvindokht
- 23 – Don Baird
- 25 – Yeshareg Yimer
- 29 – Aster Dibaba
- 30 – Rosa Saenz



Birthday Party will be held
Wednesday, September 20.

Live Entertainment with



Monday Sept. 5: Labor Day
Wednesdy Sept. 13: Field Trip
Wednesday Sept. 27: Field Trip

****Reminder****



-Bus reservations must be made
at least one day in advance by 11 am.



-Lunch reservations must be
made at least one day in advance by
11am.

Tour and Volunteering!

If you have a friend who is interested in coming to our senior center, give us a call and schedule a tour of the center with Maria.

If you are interested in volunteering at the center, please call Maria for an appointment.

FIELD TRIPS

Wednesday, September 13: Trip to the Zoo with Boxed Lunch: Upper Zoo!



We will be going to the Zoo for our first trip! There is A LOT of walking for this trip so make sure you have the proper shoes for the trip. Bring water and a bag so you can carry your boxed lunch. We will be eating lunch at the zoo. We will still go rain or shine so make sure you dress appropriately for the weather. We will only do 1/3 of the zoo. Maps will be posted around the center. No wandering off on your own, everyone will need to visibly wear their name badge and stay with the group. Limited to 26 seats, open on a first come first serve basis. Bus pick up begins at 8:00 and we will be leaving the center at 9:00. Last day to sign up is September 12th at 11:00. Please sign up with Anne or Luis in person.

Wednesday, September 27: Arlington National Cemetery with Hop on Hop off Tour and Boxed Lunch



We will be going to the Arlington National Cemetery and be doing a bus Tour. While we are there, we will getting off at certain stops and walk around a bit. We will also be able to watch the Changing of the Guard at the Tomb of the Unknown Soldier. We will still go rain or shine so make sure you dress appropriately for the weather. There is some of walking for this trip so make sure you have the proper shoes for the trip. This will cost \$10 for the bus tickets. Limited to 26 seats, open on a first come first serve basis. Bus pick up begins at 8:00 and we will be leaving the center at 9:00. Last day to sign up is September 26th at 11:00. Please sign up with Anne or Luis in person.