

September 2017 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Beef Lasagna Romaine Salad Ranch Whole Grain Roll margarine Fresh Fruit Salad Apple Slices Milk
4 Closed for Labor Day	5 Mediterranean Pulled Chicken <i>Whole Grain Pita</i> Broccoli Mediterranean Lentils Tropical Fruit Salad Milk	6 <u>Cold Meal!</u> Sliced Chicken Whole Grain Roll Lettuce Tomato Carrot Raisin Salad Banana Milk	7 Rockfish Whole Grain Bolivian Rice Whole Grain Biscuit with Margarine Spinach Cauliflower Apple Crisp Milk	8 Beef Tacos Romaine Lettuce and Tomato Black Beans Watermelon Milk
11 Lemon Chicken Whole Grain Noodles Whole Grain Roll with Margarine Parmesan Winter Squash Spinach Apple Slices Milk	12 Stuffed Cabbage Whole Grain Roll with Margarine Romaine Salad Italian Carrot Coins Watermelon Milk	13 Closed for Field Trip Boxed Lunch to go	14 <u>Cold Meal!</u> Tuna Salad English Muffin Lettuce Tomato Mediterranean Chickpea Salad Cantaloupe Milk	15 Macaroni and Cheese Baked Beans Cole Slaw Romaine Salad with Ranch Peaches Milk
18 Chicken Pot Pie Whole Grain Biscuit Green Beans Succotash Tropical Fruit Salad Milk	19 Slice Turkey and Gravy Stuffing Whole Grain Biscuit with Margarine Sweet Potatoes Spinach Cherry Crisp Milk	20 Stuffed Peppers Whole Grain Wheat Roll with Margarine Corn Italian Tomato Salad Honeydew Milk	21 Fish Fillet with Ketchup Bolivian Rice Steamed Zucchini Broccoli Mandarin Oranges Milk	22 Chili con Carne Cornbread with Margarine Romaine Salad with Italian Fresh Fruit Salad Milk
25 Oven Fried Chicken Legs Whole Grain Wheat Roll with Margarine Glazed Carrots Romaine Salad with Italian Red Beans Milk	26 Beef and Macaroni Casserole Whole Grain Roll with Margarine Creamed Spinach Cucumber Salad Cantaloupe Milk	26 Closed for Field Trip Boxed Lunch at Center	28 Meatloaf and Gravy Whole Grain Roll with Margarine Spring Peas Mashed Potatoes Peaches Milk	29 Beef Lasagna Romaine Salad Ranch Whole Grain Roll margarine Fresh Fruit Salad Apple Slices Milk

