



Annual Report and Program Summary

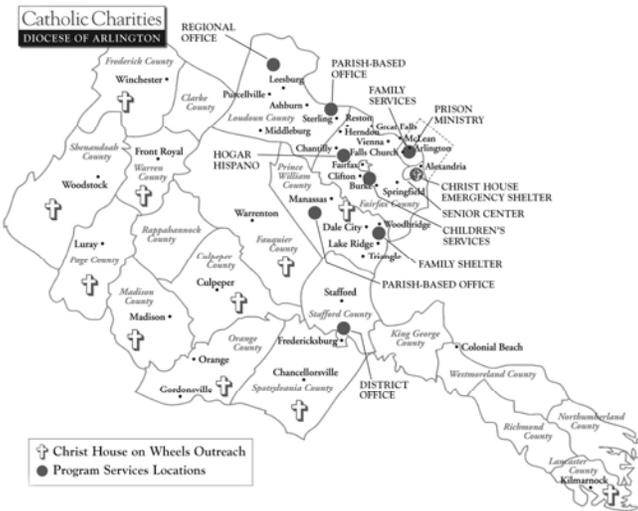
Our Mission Statement

Approved by Bishop Paul S. Loverde
December 5, 2000

The mission of Catholic Charities of the Diocese of Arlington (CCDA) is rooted in the Gospel of Jesus Christ and the official teachings of the Roman Catholic faith.

The Gospel proclaims and the Church teaches respect for the dignity and sanctity of human life, from the moment of conception through natural death, and the duty to serve the most vulnerable of God’s people. Therefore, Catholic Charities seeks to implement the Church’s mission of social justice in the Diocese of Arlington in ways that strengthen individuals, families, and communities.

Catholic Charities extends its services and resources to all in need; convenes the Catholic community to fulfill the Church’s mission of social justice; and advocates for social justice and seeks to empower others to do the same.



FOR MORE THAN SIX DECADES, A HISTORY OF TRANSFORMING LIVES AND RENEWING SPIRITS

In 1974, the Catholic Diocese of Arlington (CCDA) was established by Pope Paul VI to care for the growing needs of people living in 21 counties and seven cities of Virginia. Catholic Charities began in 1947 as part of the Richmond Diocese, but became a part of the Arlington Diocese upon its 1974 inception.

Catholic Charities’ programs and services help mend and restore individuals from brokenness, setting them on a pathway of growth and potential.

We are guided by a Board of Directors. Board members serve three year terms with the opportunity for re-election. Currently, our board roster includes:

Bishop of Arlington, Most Reverend Paul S. Loverde

- Richard T. Kaplar, **Chairman**
- Brian D. Roberts, **Vice Chairman**
- Kurt A. Pfluger, **Treasurer**
- Rev. Mark S. Mealey, **Ex Officio**

Board Members

- Clive R. Blackwell
- Mary Beth Carroll
- Michael S. Catlett
- Rosa Hidalgo Colello
- Fernanda S. Howard
- Edward S. Jones
- Dr. Linda McMahon
- Richard P. Quintana
- Ronald Riggins
- Robert J. Smith, Esq.
- Rev. Kevin B. Walsh

Key Senior Staff

- Art Bennett,
President & CEO
- Robert Callaghan,
VP Finance
- James Michels
VP Dev. & Communications
- Sally O’Dwyer,
VP Community Services
- Katie Walker
Communications Director

Organizational Summary:

- Reports directly to Bishop Paul S. Loverde
- Operates independent of Catholic Charities USA
- Annual Budget: \$7,200,000 (87 cents of every dollar goes to direct service)
- Employees: 120 full and part-time staff
- Volunteers: 1,000+
- 10 office locations throughout the diocese
- Counties in the diocese: 21
- Total population served: 2,790,259
- Total Catholic population: 428,417

Our programs and services aspire to mend the body of Christ and perform the corporal works of mercy:

- Feed the hungry
- Give drink to the thirsty
- Clothe the naked
- Visit the imprisoned
- Shelter the homeless
- Visit the sick
- Bury the dead

Summary of Catholic Charities' Programs and Services

■ Transitional Housing and Shelter—St. Margaret of Cortona and Christ House

St. Margaret of Cortona Family Transitional Residences

Now the largest transitional housing program in Prince William County, St. Margaret's provides a stable and empowering housing and life changing experience **12** families are in our care because they had to move out of temporary homeless or emergency shelters.



The objective is to stabilize working families and help them build assets for up to a two year period. These families are suffering temporary homelessness due to domestic violence and/or financial hardship. The program facilitates a family's return to independent living through the

support of professional case management, financial literacy, life skills training, counseling, childcare assistance, and one-on-one mentorship provided by a devoted cadre of volunteers trained and certified in mentoring skills. St. Margaret's structured environment provides the following programs to keep the family intact while they establish independence and reclaim their inherent dignity:

- ✚ Financial, Money and Credit Education
- ✚ Family Mentoring Program
- ✚ Professional Counseling
- ✚ Children's Tutoring and Aftercare Support
- ✚ Career / Education Advancement Programming
- ✚ Healthy Living Workshops

This year, seven (7) families have graduated the program, now capable of living self-sufficient lives.

Christ House Shelter and Food Pantry

Christ House provides food to the hungry, shelter to the homeless, and clothing to those in need. Christ House helps individuals recognize their abilities, develop self-sufficiency, and maintain their self-respect. It offers limited assistance to individuals needing help to pay their rent, utility bills, prescription bills, and other expenses. Based in Alexandria, Christ House is staffed with a case manager, who is in the building during the day, and a night manager who lives on site. Currently, we have 18 residents participating in the program. Christ House offers a five-fold suite of integrated services:

- ✚ Evening meals: An average of 50-70 hungry and homeless (**20,000 annually**) are feed each evening
- ✚ Shelter: Christ House has 18 rooms on site available for housing homeless men
- ✚ Case Management: Residents address issues such as unemployment or addiction
- ✚ Emergency Financial Assistance: Aid for families and individuals to pay rent or bills
- ✚ Thrift Shop: Household supplies and clothing at low prices / free for people in need



■ Christ House on Wheels (CHOW) Food Distribution Program—Rural Hunger and Poverty

In cooperation with private and public food pantries, Christ House on Wheels (CHOW) food and delivery program serves the rural counties of the diocese, particularly those counties with high unemployment and in need of food, clothing and school supplies. We serve Culpeper, Fauquier, Madison, Orange, Page, Rappahannock, Shenandoah, Warren and Winchester counties.



From July 2010 through June 2011, CHOW made **70** deliveries serving more than **5,500** people totaling over **55,000** pounds. CHOW partners with local parishes, non-Catholic churches, county agencies, and associations such as the Knights of Columbus to make regular deliveries to an extensive network of more than 30 pantries and parishes.

■ Professional Counseling and Care—Family Services

Family Services diverse staff of six full-time and 21 part-time counselors includes clinical social workers, marriage and family therapists, professional counselors, a psychologist and a consulting psychiatrist. Rooted in Christian anthropology, the staff has training across a broad spectrum of mental health areas, including: marital and premarital concerns; separation and divorce; parenting; child and adolescent issues; substance abuse; diversity and acculturation; depression, anxiety; adjustment problems; and more. We have bilingual therapists available.

■ Pre-born, Infants, Children and the Elderly—CAPS and St. Martin de Porres

Center for Adoption and Pregnancy Services (CAPS)

In 1947, pregnancy services became the first service offered by Catholic Charities. The Center for Adoption and Pregnancy Services (CAPS) is a full service agency addressing the needs of people involved in adoption placement. Officially Hague accredited, the professional staff is guided by the belief that every child has a right to be born and raised in a loving, stable home. In the past year, CAPS has placed **44** children through its adoption programs and assisted birth parents through crisis pregnancy counseling, adoption issues and mental health counseling. CAPS is a Hague accredited agency which allows us to perform international adoptions. We offer the following:

- ✚ Pro-life pregnancy counseling
- ✚ Birth parent counseling
- ✚ Birth parent support groups
- ✚ Infant foster care
- ✚ Search and reunion program
- ✚ Domestic adoption placement program
- ✚ Adoption home studies
- ✚ Post adoptive services
- ✚ Open adoption
- ✚ Unaccompanied minors program

St. Martin de Porres Senior Center

The primary goal is to work with at-risk persons aged 60 and older, especially those who are needy. The Center is a multipurpose program providing a variety of services to prevent isolation of seniors while promoting wellness, happiness, and independence. We provide congregate meals and a wide variety of health, exercise, social, recreational, educational, and entertainment activities, as well as field trips.

Last year (2010), St. Martin's served and provided the following services for the elderly:

- ✚ 52 average daily attendance
- ✚ 16,218 meals served (added breakfast this year)
- ✚ 16,000 (duplicated) Health & Wellness attendees

Though based in Alexandria, the Senior Center serves as a focal point for information and referral services for all our Diocesan parishes and the community at-large.



■ Immigrants and Refugees—Hogar and Migration and Refugee Services

Hogar Immigrant Services

The program goal is to help immigrants to become self-sufficient and productive members of American society through bilingual outreach programs at little or no cost, without regard to religious or ethnic identity. These services include, but are not limited to: Immigration Legal Services, Naturalization Assistance, and English as a Second Language (ESL) classes. Our aim is to help newcomers achieve their goals of integrating successfully into American society and to work collegially with other social service organizations in a supportive and professional manner.

Migration & Refugee Services

Since its inception in 1975, Migration & Refugee Services (MRS) has helped more than 21,000 refugees, who are defined by the United Nations as individuals fleeing their country of origin because of a well-founded fear of persecution for reasons of race, religion, nationality, membership in a particular social group, or political opinion. An MRS caseworker and a volunteer sponsor arranges for housing, furniture, and food before greeting the refugee at the airport upon arrival. The orientation process then begins to help the new arrivals acclimate to life in the United States by finding employment, learning English, and navigating the benefits of our nation's health care system.

■ Fredericksburg and the Leesburg Regional Offices

Fredericksburg and the Western Regional Office in Leesburg are two satellite offices that serve Clarke, Culpeper, Fauquier, Frederick, Loudoun, Madison, Orange, Page, Shenandoah, Spotsylvania, Stafford, Warrenton and Winchester counties. Services include: food pantry, brown bag lunches, emergency financial assistance, counseling, pregnancy and adoption counsel, children supplies (diapers and baby food), non-perishable supplies and clothing.

■ Prison Ministry

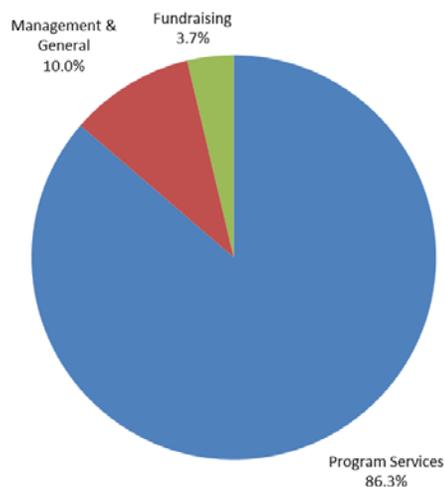
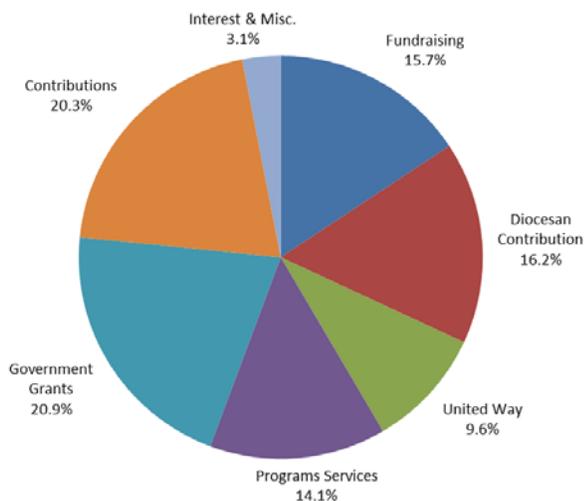
Prison ministry supports and coordinates outreach ministry offered by parish-based volunteers to the imprisoned, offering spiritual and emotional assistance to inmates and their families. Prison Ministry believes 1) Every human being is sacred and born with inherent dignity and 2) God's grace and mercy are able to transform our sinfulness. Volunteers who minister inside jail and prison facilities provide the following services:

- ✚ Visit with incarcerated men, women and youth
- ✚ Provide Pre-GED tutoring, ESL, and computer skills
- ✚ Organize Mass, confession, sacramental prep
- ✚ Conduct Bible study, faith sharing, and catechesis

The Future Is Bright – The Work Is Clear

Catholic Charities of the Diocese of Arlington is a 501c3 non-profit organization. Catholic Charities has worked hard to meet the needs of a growing diocese, especially as we serve the more rural regions. Our financial support has been steady and diverse. We are guided by the principles of Catholic stewardship knowing that we have received God's gifts gratefully; therefore, we tend to them and cherish them responsibly.

2010 Revenues and Expenses



The Four Pillars of Catholic Charities' Vision

1. Integrate the agency's activities with the mission of the Diocese, collaborate effectively with diocesan offices and serve as a resource to parishes.
2. Provide caring, professional and quality services, including those that require specialized training to families, individuals and communities with needs not being met by the local community.
3. Extend programs and services throughout the Diocese and increase collaboration with other agencies and organizations that share our mission and goals in order to better address unmet needs while avoiding duplication of services.
4. Develop adequate funding and other resources to support the mission and implement the vision of Catholic Charities of the Diocese of Arlington.