

**CATHOLIC CHARITIES FAMILY SERVICES  
CHILD/ADOLESCENT SOCIAL HISTORY**

**FS-5a**

5/00

**DIRECTIONS:** Please fill out as much as you can. This will help us provide the most appropriate services for your child's needs.

**CHILD'S NAME:** \_\_\_\_\_ **DATE:** \_\_\_\_\_  
**DATE OF BIRTH:** \_\_\_\_\_ **GRADE:** \_\_\_\_\_

**ADDITIONAL HOUSEHOLD MEMBERS**

<i>Name</i>	<i>Age</i>	<i>Date of birth</i>	<i>Sex</i>	<i>Relation to child</i>	<i>Occupation:</i>	<i>Education:</i>

If your child has a parent that lives outside of the home, please complete the following:

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Place of residence: \_\_\_\_\_

**REASON FOR SEEKING COUNSELING**

Briefly describe your reasons for seeking counseling for your child.

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When did you first begin to notice problems in your child? \_\_\_\_\_

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Describe any major stressors that have occurred in your child's life. (ex. deaths, moves, changes in schools, new baby, etc.) \_\_\_\_\_

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Has your child or anyone in your family received mental health services? Please indicate who, when, and the name of the agency providing the service. \_\_\_\_\_

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### ADDITIONAL LIFESTYLE ISSUES

\*Please complete the section below if you have concerns about your child or any member of the household in connection to the following issues

Concerns about drug or alcohol usage  yes  no

If you checked yes, what are the concerns?

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Concerns about sexual issues  Avoidant  Compulsive (pornography, internet, at-risk behaviors)  Other

If you checked any box, what are your specific concerns?

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Concerns about food  Uncontrolled overeating  Not eating  Other

If you checked any box, what are your specific concerns?

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### CHILD'S STRENGTHS AND INTERESTS

Please describe your child's strengths and natural talents: \_\_\_\_\_

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Please describe what your child enjoys doing with their free time: \_\_\_\_\_

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Please list your child's extra curricular activities: \_\_\_\_\_

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### CURRENT COPING METHODS

Please check all of the boxes that describe current ways your child copes with life stressors.

- |                                              |                                            |                                                                       |
|----------------------------------------------|--------------------------------------------|-----------------------------------------------------------------------|
| <input type="checkbox"/> Exercise            | <input type="checkbox"/> Playing games     | <input type="checkbox"/> Music                                        |
| <input type="checkbox"/> Playing video games | <input type="checkbox"/> Comfort Foods     | <input type="checkbox"/> Self-expression (Singing, painting, dancing) |
| <input type="checkbox"/> Watch television    | <input type="checkbox"/> Church activities | <input type="checkbox"/> Social media (ex. Facebook)                  |
| <input type="checkbox"/> Reading             | <input type="checkbox"/> Sports            | <input type="checkbox"/> Withdraw from others                         |
| <input type="checkbox"/> Being with friends  | <input type="checkbox"/> Volunteer         | <input type="checkbox"/> Playing with pet(s)                          |
| <input type="checkbox"/> Being with family   | <input type="checkbox"/> Sleeping          | <input type="checkbox"/> Involvement in school                        |
| <input type="checkbox"/> Other: _____        |                                            |                                                                       |

**MEDICAL HISTORY**

How was the mothers' health during pregnancy? \_\_\_\_\_

Were there any complications during delivery? \_\_\_\_\_

How was the child's health at birth? \_\_\_\_\_

Please answer the following by circling "yes" or "no"

- 1. Did your child enjoy body contact as an infant?    yes    no
- 2. Did your child sleep well as an infant?            yes    no
- 3. Was your child walking by age 2?                    yes    no
- 4. Was your child talking by age 2?                    yes    no
- 5. Was your child toilet trained by age 3?            yes    no
- 6. Was your child free of allergies?                    yes    no

If you answered "no" to any of these questions, please explain: \_\_\_\_\_

Has your child ever had any hospital stays since birth? \_\_\_\_\_

**ACADEMIC/BEHAVIOR HISTORY**

Is your child in a special education program at school?    yes \_\_\_    no \_\_\_

If not, has your child ever been in such a program?        yes \_\_\_    no \_\_\_

Please list the schools your child has attended, and dates of attendance: \_\_\_\_\_

What problems has your child had in school? (circle all that apply)    Academic    Behavioral    None

Please explain any academic or behavioral problems: \_\_\_\_\_

When did these begin? \_\_\_\_\_

Please check the following that apply to your child:    Has your child ever been

- |                                 |                                                  |
|---------------------------------|--------------------------------------------------|
| ___suspended from school        | ___suicidal                                      |
| ___arrested                     | ___involved with alcohol                         |
| ___in danger of hurting someone | ___caught stealing                               |
| ___held back a year in school   | ___involved with drugs                           |
| ___truant from school           | ___convicted of a crime                          |
| ___interruption in parenting    | ___frequent moves                                |
| ___self-inflicted wounds        | ___victim of abuse (physical, sexual, emotional) |

For those you checked, please explain: \_\_\_\_\_

**ADDITIONAL COMMENTS:**

Please add any additional information regarding your child's social history which you believe is important for us to know: \_\_\_\_\_