

LENTEN ACCOMPANIMENT FOR REFUGEES 2021

<p>Come and journey with us through Lent and consider Catholic Charities (CCDA) programs, clients, and employees as the focus of your prayer intentions and acts of service.</p> <p>For more information on any of these opportunities, please email: volunteer.newcomer@ccda.net</p>		<p>February 16 <i>Shrove Tuesday</i></p> <p>Sign up to receive monthly emails from CCDA to keep up to date on programs and opportunities.</p>	<p>17 <i>Ash Wednesday</i> <i>Lent begins</i></p> <p>Speak another language? Volunteer to help interpret for clients.</p>	<p>18</p> <p>Pray for safe travels for an Afghan refugee family arriving today in Virginia.</p>	<p>19</p> <p>Mentors needed for refugee youth! If you are interested please let us know! Pray for those who are already mentors.</p>	<p>20</p> <p>Offer prayers for refugees and migrants the world over.</p> <p>tinyurl.com/ejr211dw</p>
<p>21 <i>First Sunday of Lent</i></p> <p>Offer your mass for refugees to feel welcome in their new community.</p>	<p>22</p> <p>Organize a donation drive at your school, parish, or workplace for refugees.</p>	<p>23</p> <p>Learn about the USCCB's Justice for Immigrants organization: https://JusticeforImmigrants.org</p>	<p>24</p> <p>Pack a box of pantry items for a refugee family.</p>	<p>25</p> <p>Donate to Hogar Legal to help cover indigent clients' legal fees.</p>	<p>26</p> <p>Donate a new or used laptop to student in a computer class.</p>	<p>27 <i>St. Gabriel of Our Lady of Sorrows, Patron Saint of Students</i></p> <p>Donate \$60 or \$125 to help cover the tuition for a student's class.</p>
<p>28 <i>Second Sunday of Lent</i></p> <p>Throw a virtual "baby shower" for a CCDA client who is expecting.</p>	<p>March 1</p> <p>Ask how you can help plan an upcoming special event for refugee children!</p>	<p>2</p> <p>Sign up to help set up apartments for newly arriving refugee families.</p>	<p>3</p> <p>Pray for the immigration attorneys at Hogar Legal Services as they assist clients.</p>	<p>4</p> <p>Read a newcomer's story (Recommend: Enrique's Journey, From Beetles to Angels).</p>	<p>5</p> <p>Make "Welcome" cards for clients who are new to the community.</p>	<p>6</p> <p>Pray for all who work to help newcomers.</p>
<p>7 <i>Third Sunday of Lent</i></p> <p>Be adventurous and try food at a restaurant run by immigrants or refugees!</p>	<p>8 <i>Feast of John of God, Patron of the mentally ill</i></p> <p>Pray for the healing of our clients suffering from mental illness.</p>	<p>9</p> <p>Sign up to volunteer at a Naturalization Workshop, where you will help with citizenship applications.</p>	<p>10</p> <p>Designate Catholic Charities Diocese of Arlington as your Amazon Smile recipient.</p>	<p>11</p> <p>Fill a backpack with school supplies for a newly arrived refugee student.</p>	<p>12</p> <p>Organize a "know your rights presentation" with Hogar attorneys hosted by your parish.</p>	<p>13</p> <p>Ask how you can help us clean our Manassas warehouse!</p>
<p>14 <i>Fourth Sunday of Lent</i></p> <p>Pray for refugee and immigrant mothers concerned for their children's wellbeing.</p>	<p>15</p> <p>Meditate on the refugee experience of the Holy Family, fleeing from Egypt.</p>	<p>16</p> <p>Know someone who's hiring? Let us know so we can direct clients in search of employment.</p>	<p>17 <i>St. Patrick's Day</i></p> <p>Purchase a pack of size 6 diapers for a newcomer family.</p>	<p>18</p> <p>Sign up as a conversation partner for students learning English.</p>	<p>19 <i>Feast of St. Joseph</i></p> <p>Say a prayer for refugee fathers.</p>	<p>20</p> <p>Sacrifice your morning coffee and use the money to purchase hygiene items for a newcomer.</p>
<p>21 <i>Fifth Sunday of Lent</i></p> <p>Light a candle at church for victims of human trafficking around the world.</p>	<p>22</p> <p>Shut off social media for a day as a sacrifice for all who struggle to make ends meet.</p>	<p>23</p> <p>Organize a naturalization workshop at your parish!</p>	<p>24 <i>Feast of St. Oscar Romero, Patron of El Salvador</i></p> <p>Pray for stability in El Salvador and all who are forced to flee their homes.</p>	<p>25 <i>Feast of the Annunciation</i></p> <p>Share CCDA volunteer opportunities with a friend.</p>	<p>26</p> <p>Share information about Catholic Charities on your social media.</p>	<p>27</p> <p>Pray for the wisdom of world leaders and for peace in the world.</p>
<p>28 <i>Palm Sunday</i></p> <p>Ask your pastor about organizing a refugee simulation at your parish for the fall.</p>	<p>29</p> <p>Put together a bedroom set (twin sheets, comforter, pillows) for a refugee child.</p>	<p>30</p> <p>Sign up to receive our Volunteer Newsletter so you can stay up-to-date about our biggest volunteer needs.</p>	<p>31</p> <p>Give up sweets for a day as a sacrifice for newcomers.</p>	<p>April 1 <i>Maundy Thursday</i></p> <p>Consider buying an item via our Amazon wish list: tinyurl.com/lmd1fxae</p>	<p>2 <i>Good Friday</i></p> <p>Pray today for all who are suffering from loneliness and trauma.</p>	<p>3 <i>Holy Saturday</i></p> <p>Discuss with your family about how you can be more welcoming of "the stranger" in your community.</p>

APRIL 4—EASTER SUNDAY—Today, make a conscious effort to see the face of the risen Christ in all those you encounter. Celebrate the joy of the resurrection and the promise of peace and life that abounds!